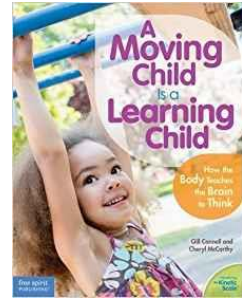


## Cari's Professional Book Club Notes

Book Title: A Moving Child is a Learning Child

Authors: Gill Connell and Cheryl McCarthy



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Week 1: July 7 – 13      Read Part 1: Pages 6-29

### Questions to consider as you read:

1. Explain the concept we call *multitasking* (discussed on page 8) and how this might affect children with motor planning difficulties.
2. What are the modern “container” trends and what impact do they have on child development? (discussed on page 13)
3. What does it mean when the authors say brain development happens from the bottom up? (discussed on page 16)
4. What are your thoughts on “Apple is for ‘A’ instead of ‘A is for Apple?’” (discussed on page 18)
5. Discuss the term “automaticity” and its importance for learning and development. (discussed on page 24)

Thoughts, notes, and questions

Important take-aways to share with parents and caregivers