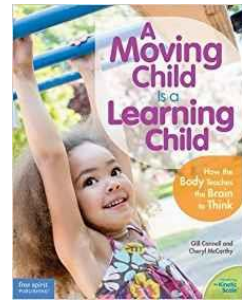


## Cari's Professional Book Club Notes

Book Title: A Moving Child is a Learning Child

Authors: Gill Connell and Cheryl McCarthy



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Week 1: July 28 – August 3 Read Pages 97-138

### Points to ponder as you read:

1. What are your thoughts related to the fitness chart in Chapter 11? (discussed on page 106)
2. Describe the importance of the three midlines. (discussed on page 108)
3. Describe the importance of crawling for brain development. Do you get concerned about kids who didn't ever crawl? (discussed on page 113)
4. How cool was the “ugly duckling” motor overflow explanation in Chapter 12? I always wondered why the tongue comes out when kids are concentrating! (discussed on page 116)
5. Explain the importance of hand dominance. (discussed on page 117)
6. Explain the “are we there yet?” phase of development. (discussed on page 124)

7. What are your thoughts on using the term “control” to refer to gross and fine motor skills? (discussed on page 130)
  
8. Explain why going slow is difficult for young children. (explained on page 132)
  
9. Have you ever considered that reading with your finger and counting on your fingers relates to kinesthetic learning? So AWESOME! (discussed on page 137)

Thoughts, notes, and questions

Important take-aways to share with parents and caregivers