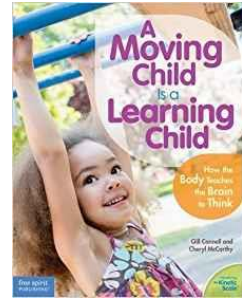


Cari's Professional Book Club Notes

Book Title: A Moving Child is a Learning Child

Authors: Gill Connell and Cheryl McCarthy



Week 1: July 14 – 20 Read Part 1: Pages 32-65

Points to ponder as you read:

1. Explain the concept of “body awareness” and how this emerges over time. Specifically, think about how body awareness is a precursor to motor planning. (discussed on page 32)
2. What is the significance of crawling for brain development? (discussed on page 34)
3. Describe the purpose of primitive reflexes. (discussed on page 40)
4. From what word is “motivation” derived? (discussed on page 50)
5. What are your thoughts on the concept and importance of “asensory” play? (discussed on page 57)

Thoughts, notes, and questions

Important take-aways to share with parents and caregivers