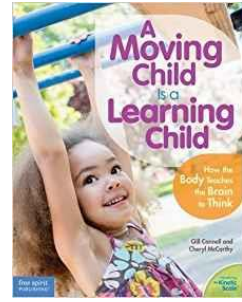


Cari's Professional Book Club Notes

Book Title: A Moving Child is a Learning Child

Authors: Gill Connell and Cheryl McCarthy



Week 1: August 18 – August 24 Read Pages 212-262

Points to ponder as you read:

1. Do you love these words as much as I do? *Play: Nature's Movement Motivator*. (discussed on page 212)
2. What is the purpose of “quiet concentration?” (discussed on page 214 and 243)
3. Will you use the definition of “play-based learning” when coaching families on the power of play? (discussed on page 217)
4. I love the explanation of how we move our bodies in accordance with our emotions. What are your thoughts? (discussed on page 221).
5. The summary statement of “moving and learning play” is short, sweet and to the point! Did you love it as much as me?! (discussed on page 226)
6. Why is going barefoot so good for development? (discussed on page 229)

7. How awesome was the *Cycle of Wheels* section on pages 240-241?

8. The Avatar play section was extremely helpful! And I've never referred to all my action figures as avatars before...but I think I will now!! (discussed on page 245)

9. What did you think of the 11 strategies for use during storytime? (discussed on page 249)

10. My favorite section from this week's reading was the paragraph at the bottom of page 255. Read it. And then read it again!

Thoughts, notes, and questions

Important take-aways to share with parents and caregivers