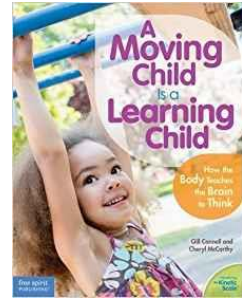


Cari's Professional Book Club Notes

Book Title: A Moving Child is a Learning Child

Authors: Gill Connell and Cheryl McCarthy



Week 1: August 11 – August 17

Read Pages 176-210

Points to ponder as you read:

1. What do you think of the six stages of movement development? (discussed on page 178)
2. What do you think of coaching families on the importance of children having a well-balanced physical diet? (discussed on page 190)
3. Do you currently work with kiddos who fit into one of the categories outlined on pages 192-195?
4. I like the section describing the importance of the floor (discussed on page 199). What are your thoughts?
5. What are your thoughts on risky play in our society today? (discussed on page 207)
6. Examine the balance of the play diagram on page 208. It made me stop and think!

Thoughts, notes, and questions

Important take-aways to share with parents and caregivers